

## What to Expect at Activation

When you come to the office for your cochlear implant activation, it is recommended you bring a family member or friend with you. The audiologist will set up your sound processor, program the sound processor, and teach you how to use the device. This visit typically lasts 90 minutes. On activation day...

- Bring all the implant supplies that you received at surgery or following surgery.
- You will hear sound from your cochlear implant. It will be very different from anything you have heard before. It is normal for the sound quality to be strange; this will get better the more you wear the implant and do listening practice.
- You will learn how to use your sound processor. You may learn how to use a remote control as well. The other accessories you selected will be introduced later, after you have had time to get used to the implant.
- You will learn how to do listening practice. It is best to practice every day to hear the best you can with the implant.

We are excited to be on this hearing journey with you!

Audiology Department Puget Sound ENT 425-386-5089 425-775-6651